

PILATES CONFERENCE ON AIR

WORKSHOP-PLAN

CHRISTIANE REITER	<ul style="list-style-type: none">• Pilates for Groupfitness• Neurozentriertes Pilates
NADINE SELKE	Athletic Pilates
KERSTIN BREDEHORN	Two-way stretch
NINA METTERNICH	SPINEFITTER by Sissel®
ANETTE ALVAREDO	<ul style="list-style-type: none">• Creative Flow• Medical Pilates
ANNE SATTLER	SISSEL® Mobilyzor
MICHAEL KING	MK Pure Pilates Fusion